



Understanding and Entering
GOD'S REST

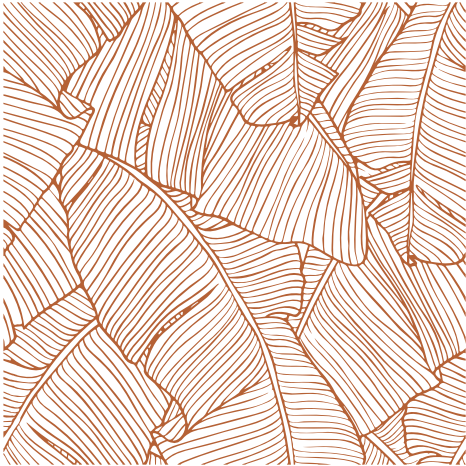
in His kingdom

TODAY

STUDY BY ALLAN BAGG MINISTRIES

Understanding and Entering GOD'S REST

DAILY STUDY



We are blessed to have you joining us as we study Understanding and Entering God's Rest: Daily Bible Study! In this 5-day study, we will explore the truth of God's rest as outlined in the book of Hebrews, specifically focusing on Hebrews 4:1-12. Each day we will examine different aspects of entering God's rest and reflect on how it applies to our lives. We have also included declarations and reflection times. Speak the declarations out loud over your life as this will activate your faith. Let's dive in!

Welcome to our 5 Day ***“Understanding and Entering God's Rest”*** study. This study goes hand in hand with video lessons taught by Allan Bagg. Please view the lessons on our study portal before completing the daily study application material.

Day 1

Today we begin laying the foundation for entering God's rest and understanding Kingdom Sabbath. We will be looking at Hebrews 4:1-12. This passage highlights the importance of entering into God's rest in order to receive the promises of God. We will explore the necessity of entering God's rest and the strategies the enemy uses to hinder us from experiencing the power and blessings of serving God.

Start by reading the focus Scripture portion Hebrews 4:1-12. Read in various translations so that the content of the message is clear and personal.

Hebrews 4:1 NKJV:

“Therefore, since a promise remains of entering His rest, let us fear lest any of you seem to have come short of it.”

Can we enter into all that God has for us without entering His rest?

Reflection: *Entering God's rest is essential for receiving all that God has for us. It is not merely an option but a priority if we are going to experience God's promises in our lives.*

Hebrews 4:2 NKJV:

"For indeed the gospel was preached to us as well as to them; but the word which they heard did not profit them, not being mixed with faith in those who heard it."

What strategies can the enemy use to prohibit us from receiving the power and blessing that comes from serving God?

Why did the older generation not enter into the Promised land, even after God initially promised them, they would?

Numbers 14:23 NKJV:

"they certainly shall not see the land of which I swore to their fathers, nor shall any of those who rejected Me see it."

Why did the promise not profit them? (Hint: They didn't mix the Word with faith)

Declaration: *"Those who believe, **THAT'S ME**, enter into God's rest"*

Hebrews 4:3-5 NKJV:

For we who have believed do enter that rest, as He has said:

*"So I swore in My wrath,
'They shall not enter My rest,'"*

although the works were finished from the foundation of the world. For He has spoken in a certain place of the seventh day in this way: "And God rested on the seventh day from all His works"; and again in this place: "They shall not enter My rest."

Does God still have to do anything for us to receive what He has promised in His Word? Why do you say that?

Hebrews 4:6-7 NKJV:

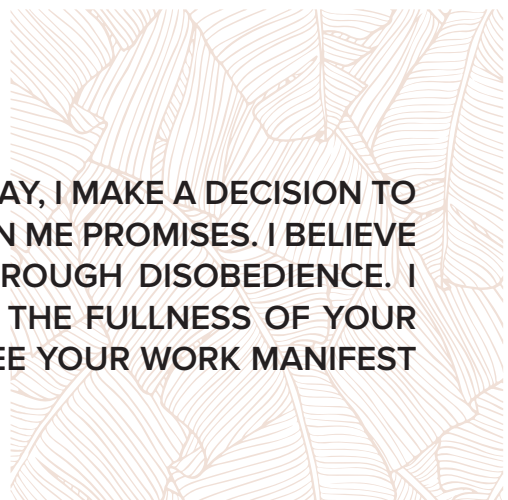
Since therefore it remains that some must enter it, and those to whom it was first preached did not enter because of disobedience, again He designates a certain day, saying in David, "Today," after such a long time, as it has been said:

*"Today, if you will hear His voice,
Do not harden your hearts."*

What further revelation did you receive on the meaning of "Today" from today's message?

DECLARATION:

"I DECIDE MY TODAY. THEREFORE, FROM TODAY, I MAKE A DECISION TO ENTER THE REST OF GOD. GOD, YOU'VE GIVEN ME PROMISES. I BELIEVE YOU. I AM A BELIEVER. I WILL NOT FAIL THROUGH DISOBEDIENCE. I MAKE A CHOICE TO OBEY AND TO WALK IN THE FULLNESS OF YOUR WORD. AND AS I ENTER YOUR REST, I WILL SEE YOUR WORK MANIFEST IN AND THROUGH ME, IN YOUR KINGDOM."



Day 2

Welcome to Day 2 of our Bible study on Understanding and Entering God's Rest. Today, we will explore the relationship between rest and creation. As we study Hebrews 4:6-11, we reflect on why the previous generation failed to enter God's rest, the dangers of disobedience and hardened hearts, and the significance of God's creative process. Let us open our hearts to receive fresh revelations from the Word of God and apply them to our lives.

Hebrews 4:6-11 NKJV:

Since therefore it remains that some must enter it, and those to whom it was first preached did not enter because of disobedience, again He designates a certain day, saying in David, "Today," after such a long time, as it has been said:

*"Today, if you will hear His voice,
Do not harden your hearts."*

For if Joshua had given them rest, then He would not afterward have spoken of another day. There remains therefore a rest for the people of God. For he who has entered His rest has himself also ceased from his works as God did from His.

Let us therefore be diligent to enter that rest, lest anyone fall according to the same example of disobedience.

Based on this portion of Scripture, let us reconsider why the previous generation failed to enter into God's rest.

What are the dangers of disobedience and the hardening of our hearts, and how can we safeguard ourselves against them?

How did God create/make the earth?

Declaration: *"God SAID, and it happened...that is how HE creates"*

Genesis 1:26-28 NKJV:

Then God said, "Let Us make man in Our image, according to Our likeness; let them have dominion over the fish of the sea, over the birds of the air, and over the cattle, over all the earth and over every creeping thing that creeps on the earth." So God created man in His own image; in the image of God He created him; male and female He created them. Then God blessed them, and God said to them, "Be fruitful and multiply; fill the earth and subdue it; have dominion over the fish of the sea, over the birds of the air, and over every living thing that moves on the earth."

Genesis 2:7 NKJV:

"And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living being."

What is the difference and significance in how God spoke to create man versus how He spoke to create the rest of creation on the earth?

What does this significance mean to you? *(Reference what/who He spoke to, to create each)*

Allan Bagg mentioned that God made man a speaking spirit *(in His image and likeness)*. Man is the ONLY being that God created in this way. So powerful!

What revelation did you take from this and how will you apply this truth to your life?

Let's say this: *"To make the earth and all its creatures, God spoke to the ground and the sea. To make **ME**, He spoke to Himself. I am created in the image and likeness of God"*

Read Genesis 2:1-7

Why did God rest on the seventh day? How can we apply the lesson we learn here to our daily lives?

Declare the following: *"God rested because He was FINISHED, not because He was tired. I get to rest in His finished work."*

PUT IT INTO ACTION:

- We have learnt that we are **SPEAKING SPIRITS**. Write down a list of Scripture-based declarations that you will be speaking over yourself and your family. Share these with your family members to keep you accountable to speaking them every day this week.
- If the purpose of a thing is not understood, abuse is inevitable. What parts of your Christian walk have perhaps become religious (i.e. doing it because it is expected, without understanding the heart/purpose behind it)? Write these down, and together with the Holy Spirit, come up with a plan of action to get back to the heart behind the activity. Feel free to reach out to us here at Allan Bagg Ministries as you journey through these questions.

Day 3

Today, we will be looking at “The Faith of Abraham” as he is known as the father of our faith, and example for how we as Believers should live a life of faith.

Why can we say that we are all family? What is a nation?

A nation is a people group. Nations ultimately come from family.

Say this: “We are family.”

It doesn’t matter how much melanin we have in our skin. Example: Israelites come from Israel. We ultimately all come from Noah. - Genesis 12:2

Did Abraham tithe to get blessed? *Explain what you learned from Allan Bagg’s teaching on this account found In Genesis 14:18-20.*

Why did God not recognize Ismael as Abraham’s son? What was the error that Sarai fell into, even though she heard God’s promise, and believed it?

PUT IT INTO ACTION:

- What are we believing God for? Develop a “prayer wall” or prayer folder. Remember that it should contain (1) what we are believing God for and (2) Scripture/promise with each faith project.
- Reflect on where you might have limited God by looking at the natural (like Lot) or where you might have given up on your dream?
- Have you been faithfully tithing? If you are challenged by this, speak to a leader in your church and ask the questions, share your heart in that safe, trusted space, and make a decision to give God what is due to Him. You are welcome to reach out to the Allan Bagg Ministries Team for resources on tithing God’s Way.

Day 4

In today's study we continue to look at The Faith of Abraham, and how the importance of speaking God's promises is to entering all that He has for us.

Is it possible to hear God's Word and it not work for you? Why does this happen?

What does the name "Abram" mean? What does the name "Abraham" mean?

What was the significance of God changing Abram's name to Abraham?

Reflection: *It repositioned Abraham to be able to appropriate the promise. When God changed Abram's name to Abraham, what Abraham spoke now lined up with the promise that God had given him. It strengthened Abraham's confession.*

Mark 11:12-14 NKJV:

Now the next day, when they had come out from Bethany, He was hungry. And seeing from afar a fig tree having leaves, He went to see if perhaps He would find something on it. When He came to it, He found nothing but leaves, for it was not the season for figs. In response Jesus said to it, "Let no one eat fruit from you ever again."

And His disciples heard it.

Mark 11:20-24 NKJV:

Now in the morning, as they passed by, they saw the fig tree dried up from the roots. And Peter, remembering, said to Him, "Rabbi, look! The fig tree which You cursed has withered away."

So Jesus answered and said to them, "Have faith in God. For assuredly, I say to you, whoever says to this mountain, 'Be removed and be cast into the sea,' and does not doubt in his heart, but believes that those things he says will be done, he will have whatever he says. Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them."

How should we apply these Scripture verses in Mark 11 to our lives?

Has there ever been a time where you might have taken matters into your own hands (like Sarai) and tried to make the promise manifest through works?

How will you plan to rest in God and wait on the manifestation of the promise in future?

Are you accountable to someone for the words you speak?

How will you be accountable for the things you say that do not line-up with the Word and God's promises? *Explain what the response of your accountability partners should be when this happens. e.g. Pastors Allan/Janine will ask, "Is that what you want to manifest in your life?" or "Do you really want me to stand in agreement with you for that?" How will you communicate to your accountability partners what your expectation is?*

Day 5 _____

In today's session Allan Bagg focuses on the principles that govern the spirit of faith and how our believing and speaking work together to produce the promises of God in our lives.

2 Corinthians 4:13 NKJV:

And since we have the same spirit of faith, according to what is written, "I believed and therefore I spoke," we also believe and therefore speak

Explain in your own words your understanding of "the spirit of faith" based on Allan Bagg's teaching.



DECLARATION:

I have an attitude of faith, having believed, I speak.

Believing positions me, confessing the Word activates it

Where does doubt take place? In your head or heart? Explain your answer.

Read Matthew 6:31-33 KJV – How do you refuse to accept negative thoughts?

Declaration: *If it is not in my Bible, is not in my vocabulary*

REFLECTIONS:

What are some of the words in your vocabulary that you need to replace as they are not in the Bible? *Write it down below and make a commitment to speak words of faith moving forward.*

How has your attitude of faith been challenged during this Bible study? *What action steps will you take to remain in God's Rest.*

Share these with your accountability partner, pastor, the ABM Team, or your discipler. This will ensure that you are not just a hearer of the Word, but a doer!

Congratulations on completing the ***“Understanding and Entering God’s Rest”*** daily study. We trust that you have enjoyed the time spent in the Word and have gained a greater understanding of God’s rest. May you remain in His Rest as you commit to living a life Faith.

We encourage you to complete the remainder of the Understand and Entering God’s Rest series that can be found on our YouTube channel or on our website.

PRAYER AND DECLARATION:

Father from this day on, I choose to honour You first. You have blessed me and in thanksgiving I return the tithe. Everything You gave me comes from You. I will always seek You and Your Kingdom first. I choose to honour You first. Whatever You give me, I choose to return Your tithe to the house of God. I live under the open windows of Heaven. You see what I need for my future, and as I head into my future, I am asking You now, show me what seed will prepare me for that harvest. In Jesus' Name. (Now listen with your heart to follow God's instruction, and always give by faith.)



Allan Bagg, with his wife, **Janine Bagg**, are the founding and senior pastors of The Bay Christian Family Church, home of **Allan Bagg Ministries**.

Together they equip the saints for the work of the ministry for the edifying of the body of Christ and teach God's people how to prosper.



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